

Everything on your phone

Do it all on the phone itself — the card has to end up there. You need an email address. Nothing else is required except your name and a password.

CREATE YOUR CARD

1.1 Open medicus.global on your phone

Nothing to download.

1.2 Tap the small QR icon in the top right corner

That is My Medicus. You are there.

1.3 Choose “Sign up” and fill in the required fields

Email, full name and a password of at least 6 characters. The PIN is optional: leave it empty and your card is open — a paramedic can read everything straight away. Enter a PIN and it is needed to open the card; it is printed on your card, so you never have to remember it. Whatever you type is kept exactly as you chose it.

1.4 Tick the consent box and tap “Create My Medicus”

Now fill in what matters to you: blood type, allergies, daily medication, next of kin. Then tap “Save changes”. Upload a photo of yourself — it is what turns the card into identification, so a stranger can confirm they have the right person when you cannot speak.

PUT IT ON YOUR LOCK SCREEN

2.1 Scroll down to your ID card and tap point ②

Your card appears as a picture. Press and hold on it until the menu appears, and choose “Add to Photos”.

2.2 iPhone: Open Photos → Share → Use as Wallpaper

Pinch the picture outwards with two fingers so the whole card fits — the phone zooms in by itself. Then tap Set. Now your name, blood type and QR code can be read without unlocking the phone. On Android: Gallery → ⋮ → Set as wallpaper → Lock screen.

CHANGE SOMETHING LATER

3.1 Open medicus.global, tap the QR icon, choose “Log in”

Your email and the password you chose. Then tap point ① — “Edit information”. The fields are locked until you do.

3.2 Away from home? Go to points ⑩.2 and ⑩.3

Enter the country and the address where you are staying now. On a cruise: the ship’s name and your cabin — for example “MS Aurora, cabin 8032” — and the country you are sailing in. It appears on your card under your name. Leave them empty and your home address is shown. Finish with “Save changes”.

The red emergency buttons: “SOS” opens a large screen with the emergency number of the country you are in — show it or call. “Show my ID card” shows your card to a paramedic: name, blood type, allergies and who to call. They work whether you hold the phone yourself or a stranger is helping you.

Every field has a number. Say “go to 10.2” and the person you are helping knows exactly where it is — even if you do not share a language.